

## DEPARTMENT OF COMMUNITY HEALTH NURSING

### REPORT ON UNDERFIVE CLINIC

The VII semester students, during their community posting at Suguturu village, conducted an under-five clinic at the Anganwadi Centre on 13/02/2026 from 11:00 AM to 1:00 PM. The students carried out assessments of under-five children, calculated the degree of malnutrition, and screened for health problems such as malnutrition, dental caries, worm infestation, and skin problems.

They provided health education on a protein-rich diet using charts and flashcards. They also prepared protein ball laddus and distributed them to the children. The total number of beneficiaries was 16 under-five children.



## REPORT ON ANTENATAL CLINIC

The VII semester students, during their community posting at Suguturu village, conducted an antenatal clinic at the Primary Health Centre on 18/02/2026 from 11:00 AM to 2:00 PM. The students carried out antenatal assessments, including anthropometric measurements and vital signs, and screened for high-risk pregnancies. They also performed hemoglobin estimation.

In addition, they provided a live demonstration of a one-day meal plan for antenatal mothers in kilocalories and demonstrated antenatal exercises. A total of 14 mothers benefited from the clinic.



## REPORT ON SCHOOL HEALTH PROGRAMME

The VII semester students, during their community posting at Suguturu village, conducted a school health programme at the Government Higher Secondary School, Suguturu, on 20/02/2026 from 11:00 AM to 2:00 PM. The students carried out head-to-toe assessments, checked vital signs, calculated the degree of malnutrition, and identified health problems such as malnutrition, skin problems, behavioral issues, and obesity.

In addition, health education was provided on personal hygiene, good touch and bad touch, and the hazards of mobile phone usage. Total 83 childrens attended and benefited in the clinic.



## REPORT ON POSTNATAL CLINIC

The VII semester students, during their community posting at Suguturu village, conducted a postnatal clinic at the Primary Health Centre on 26/02/2026 from 10:00 AM to 1:00 PM. The students carried out postnatal assessments, including anthropometric measurements and vital signs, and also performed neonatal assessments.

In addition, they provided a live demonstration of a one-day meal plan for postnatal mothers in kilocalories, demonstrated postnatal exercises, and educated mothers on breastfeeding techniques and the immunization schedule using charts. A total of 5 mothers benefited from the clinic.



## REPORT ON UNDERFIVE CLINIC

The V semester students, during their community posting at Kothamangala village, conducted an under-five clinic at the Anganwadi Centre on 14/03/2026 from 11:00 AM to 1:00 PM. The students carried out assessments of under-five children, calculated the degree of malnutrition, and screened for health problems such as malnutrition, dental caries, worm infestation, and skin problems.

They provided health education on personal hygiene and worm infestation. They also prepared protein ball laddus and distributed them to the children. A total of 14 under-five children benefited from the clinic.



## REPORT ON SCHOOL HEALTH PROGRAMME

The V semester students, during their community posting conducted a school health programme at the Government School, Kothamangala on 16/03/2026 from 10:30 AM to 1:30 PM. The students carried out head-to-toe assessments, checked vital signs, calculated the degree of malnutrition, and identified health problems such as malnutrition, skin problems, behavioral issues, and obesity.

In addition, health education was provided on personal hygiene, good touch and bad touch, and the hazards of mobile phone usage. Total children's registered were 36.



## VISIT TO SEWAGE TREATMENT PLANT

The V semester students, during their community posting, visited the sewage treatment plant at SDUMC Campus on 23/03/2026 from 10:00 AM to 1:00 PM. The students observed the various stages of sewage treatment, including filtration, sedimentation, and disinfection. They gained knowledge about waste management, environmental sanitation, and the importance of safe disposal of wastewater. The visit enhanced their understanding of public health and environmental protection practices. A total of 96 students participated in the visit.



## REPORT ON PHYSICALLY AND MENTALLY CHALLENGED RESIDENTIAL SCHOOL

The V semester students, during their community posting, visited a residential school for physically and mentally challenged children on 25/03/2026 from 10:30 AM to 1:00 PM. The students observed the facilities and services provided for the children, including education, rehabilitation, and daily care. They interacted with the children and staff, gaining insight into the challenges faced by differently-abled individuals. The visit helped enhance students' understanding of inclusive care, empathy, and the importance of social support systems. A total of 96 students participated in the visit.





## Visit to old age home

The V semester students, during their community posting, visited St. Gasper's Home for the Aged at Kolar Gold Fields on 26/03/2026 from 10:30 AM to 3:30 PM. The students carried out geriatric health assessment, checked vital signs, and provided health education on old age health problems and also observed the living conditions, healthcare services, and daily activities of the elderly residents. They interacted with the residents and staff, gaining insight into the physical, emotional, and social needs of the aged. The students conducted activities for the inmates and awarded the winners. Total inmates present were 40. The visit enhanced the students' understanding of geriatric care, empathy, and the importance of providing support to the elderly population. A total of 96 students participated in the visit.



## Report on World Tuberculosis Day 2026

World Tuberculosis Day 2026 is observed on March 24th with the theme “Yes, We Can End TB.” The programme was organized by NSS Unit of SDUCON in coordination with SDUMC and Gram Panchayat, DRS. In view of this, a role play was conducted by the NSS volunteers to create awareness about tuberculosis among the community people. The role play highlighted the causes, symptoms, modes of transmission, treatment, and preventive measures of tuberculosis.



## Report on CPR training Programme

The Department of Community Health Nursing and NSS Unit, SDUCON, in coordination with the Rotary Club, Bangalore, organized a CPR training program for faculty and students on 18/03/2026 at the Council Hall and FON Lab from 9:00 AM to 1:00 PM.

The training included both theoretical and practical sessions on cardiopulmonary resuscitation (CPR). Participants were taught the steps of CPR, including chest compressions and rescue breathing, through demonstrations and hands-on practice. The program enhanced the knowledge and skills of participants in handling emergency. A total of 40 students and 11 faculty members participated in the program.

