



SRI DEVARAJ URS COLLEGE OF NURSING.  
TAMAKA, KOLAR-563101

Format No.

PRN-05

Issue No.

02

Rev. No.

00

Date.

01-08-2018

REPORT

PROGRAMME LIST

Date: 04-06-2022

| SL NO | TIME         | PROGRAMME LIST                                      | INCHARGE STUDENT NAME   |
|-------|--------------|---|---|
| 1.    | 2:30-2:35 PM | Invocation Song                                     | Ms. Riya Duari and team<br>(3 <sup>rd</sup> year GNM)                         |
| 2.    | 2:36-2:46 PM | Welcome Speech                                      | Ms. Pratima (2 <sup>nd</sup> year M.SC)                                       |
| 3.    | 2:47-3:10 PM | Health Education                                    |   |
|       |              | 1. Ill effects of tobacco                           | Ms. Pratima (2 <sup>nd</sup> year M.SC)                                       |
|       |              | 2. Ill effects and Risk associated with alcoholism. | Ms. Parveen (3 <sup>rd</sup> year GNM)  |
| 4.    | 3:11-3:15 PM | Keynote address                                     | Mr. Sumit, HOD of care unit, Varroce polymers, Appasandra, Narasapura         |
| 5.    | 3:16-3:20 PM | Role play   | Mr. Dipto and group (3 <sup>rd</sup> year GNM)                                |
| 6.    | 3:21-3:30 PM | Feedback  | Ms. Riya Naskar (4 <sup>th</sup> year B.SC)                                   |
| 7.    | 3:31-3:35 PM | Vote of thanks                                      | Ms. Nirmala Chettri (4 <sup>th</sup> year B.SC)                               |
| 8.    | 3:36-4:30 PM | Exhibition  | Ms. Jayashree Raju and Ms. Karuna Kumari Syangtan (4 <sup>th</sup> year B.SC) |

*[Signature]*  
Head of the Department  
Dept. of Community Health Nursing  
Sri Devaraj Urs College of Nursing  
Tataka, Kolar - 563101



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**WORLD NO TOBACCO DAY:**

World no tobacco day came into existence on May 31 in 1987. Since then, this day is marked each year with a relevant theme for this year, the theme is "**PROTECT THE ENVIRONMENT**"

**AIMS AND OBJECTIVES:**

1. To encourage all persons, worldwide who smoke or chew tobacco to quit for at least 24 hours.
2. To dissuade people from their dependence on the product.
3. To reduce tobacco consumption which can lead to deadly diseases like cancer and early death.
4. To draw attention to the wide spread prevalence of tobacco use and to its negative health effects.
5. To keep a watch on companies that sell cigarettes and other tobacco products through striking advertisements which influence people to consume their product.

**IMPORTANCE OF WORLD NO TOBACCO DAY**

1. No tobacco day motivates people to live their Lives tobacco-free.
2. The day highlight the risk associated with the use of tobacco.
3. The most important benefit of quitting tobacco is preventing disease and early death.

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01/08/22

Head of the Department  
Dept. of Community Health Nursing  
Sri Devaraj Urs College of Nursing



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## REPORT ON WORLD NO TOBACCO DAY

### INTRODUCTION:

As a part of the Community Health Nursing Department, we the students of 4<sup>th</sup> year B.SC(N) with dept. of CHN conducted the Tobacco awareness program in Varroc polymers private limited, Narasapura Industrial Area on 4<sup>th</sup> June 2022 at 2:30 pm on ill effects of tobacco and ill effects and risk associated with alcohol.

### OBJECTIVES:

Our main objectives of conducting the programme is:

1. To do the health teaching on ill effects and Risk associated with the use of tobacco and alcoholism.
2. To get the feedback from the Audience, regarding the programme.
3. To encourage Audience to think about the impact that tobacco use might be having on their service users.
4. To provide health education using posters.
5. To explain the harmful effects and prevention by using working models.

### PRILIMINARY PREPARATION

Permission was availed on 31<sup>st</sup> May 2022, from the manager Mr. Vinay, Varroce polymers Private Limited for conducting the program in their industry.

  
Principal

  
Head of the Department





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### PROGRAMME REPORT

The Programme started at 2:30pm with an invocation song by Miss Riya Duari and team. The gathering were welcomed by Miss Pratima, II M.Sc, SDUCON. Miss Pratima and Miss Parvin given Health education on "Ill effects of tobacco and risk associated with alcohol". Later, Mr.Sumit, Manager, Varroc Ploymers Private Limited, Narsapura gave the keynote address. A Role play was exhibited by Mr.Dipta and Group on ill effects of tobacco and risk associated with alcohol and the feedbacks were obtained from the employees. The programme ended with vote of thanks by Miss. Nirmala at 3:35 pm.

Later posters, still models and working models were exhibited in the industrial area and students explained about the models to all the employees, followed by refreshment to all.

  
Head of the Dept.  
Dept. of Community Health Nursing  
Sri Devaraj Urs College of Nursing  
Tataka, Kolar - 563 101.

  
Principal

Sri Devaraj Urs College of Nursing  
Tataka, Kolar-563103



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## GALLERY OF TOBACCO DAY AWARENESS PROGRAMME

### WELCOME THE GATHERING



### INAUGURATION



### POSTER





### WORKING MODEL



### STILL MODELS



### ROLE PLAY



Principal

Sri Devaraj Urs College of Nursing,  
Tamaka, Kolar-563103

Head of the Department  
Dept. of Community Health Nursing  
Sri Devaraj Urs College of Nursing,  
Tamaka, Kolar - 563103.

## PHOTOS OF NARSAPURA PROGRAMME



*Chinnappa*  
21/05/22  
Head of the Department  
Dept. of Community Health Nursing  
Sri Devaraj Urs College of Nursing  
Tamaka, Kolar - 563 101.

*[Signature]*  
Principal  
Sri Devaraj Urs College of Nursing  
Tamaka, Kolar-563103





SRI DEVARAJ URS COLLEGE OF NURSING.  
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Student List, 3<sup>rd</sup> Yrs GNM

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| SL NO | STUDENT NAME        | SIGNATURE     |
|-------|---------------------|---------------|
| 1     | Ambika Paira        | A. Paira      |
| 2     | Anannya Halder      | A. Halder     |
| 3     | Ankitha Das         | A. Das        |
| 4     | Ankitha Mondal      | A. M.         |
| 5     | Ankitha Montri      | A. Montri     |
| 6     | Anushka Maity       | A.            |
| 7     | Ashwini B R         | Ashwini       |
| 8     | Athira P S          | Athira        |
| 9     | Baishaki Barman     | B. B.         |
| 10    | Chandrika G         | Chandrika     |
| 11    | Debashish           | Debashish     |
| 12    | Dipta Dhar          | Dipta Dhar    |
| 13    | Ittesum Khan        | T. Khan.      |
| 14    | Joyita Dutta        | J. D.         |
| 15    | Jyotirmoyee Maji    | J. M.         |
| 16    | Krishnendu Adhikary | K. Adhikary.  |
| 17    | Moubani Sinha Roy   | M. S. R.      |
| 18    | Papiya Khatun       | P.            |
| 19    | Parvin Sultana      | P.            |
| 20    | Priyanka Dinda      | P.            |
| 21    | Purbasha Chatterjee | Purbasha      |
| 22    | Rachana Mandal      | Rachana       |
| 23    | Rama Jana           | R. J.         |
| 24    | Rima Roy            | R.            |
| 25    | Riya Duari          | Riya.         |
| 26    | Rumpa Mandal        | R. M.         |
| 27    | Sangita Jana        | S.            |
| 28    | Saraswathi Mandi    | S.            |
| 29    | Shekhar Mandal      | S. M.         |
| 30    | Shrelosi Hazra      | Shrelosi      |
| 31    | Shreya Maity        | Shreya        |
| 32    | Sikha Pal           | Sikha         |
| 33    | Sujata Sen          | Sujata        |
| 34    | Suparna             | S.            |
| 35    | Supti Das           | S. D.         |
| 36    | Suravi Dasaha       | S. Saha       |
| 37    | Tandra Mondal       | T. Mondal.    |
| 38    | Trina Mondal        | Trina Mondal. |

Head of the Department  
Dept. of Community Health Nursing





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Student List, 4<sup>th</sup> yr B.Sc (N)

Rev. No.

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| SL NO | STUDENT NAME           | SIGNATURE        |
|-------|------------------------|------------------|
| 01    | Abhishek D C           | <i>Abhishek</i>  |
| 02    | Aien Bobby             | <i>Aien</i>      |
| 03    | Aiswarya Saji          | <i>Aiswarya</i>  |
| 04    | Ajaykumar.M.           | <i>Ajaykumar</i> |
| 05    | Akhila Sajumon         | <i>Akhila</i>    |
| 06    | Aksa. E. Biju          | <i>Aksa</i>      |
| 07    | Alka Mathew            | <i>Alka</i>      |
| 08    | Alphymol. V. S         | <i>Alphymol</i>  |
| 09    | Aluru Swathi           | <i>Aluru</i>     |
| 10    | Amala Mary Varghese    | <i>Amala</i>     |
| 11    | Angel Mary Varghese    | <i>Angel</i>     |
| 12    | Anisha Maria Benny     | <i>Anisha</i>    |
| 13    | Anit Mathew            | <i>Anit</i>      |
| 14    | Anittamol Francis      | <i>Anittamol</i> |
| 15    | Anjali Krishna. P. C   | <i>Anjali</i>    |
| 16    | Anju Siby              | <i>Anju</i>      |
| 17    | Annamma Thomas         | <i>Annamma</i>   |
| 18    | Antara Mishra          | <i>Antara</i>    |
| 19    | Anu Sajan              | <i>Anu</i>       |
| 20    | Anumol. P. S           | <i>Anumol</i>    |
| 21    | Anusri. M              | <i>Anusri</i>    |
| 22    | Aparna. T. M           | <i>Aparna</i>    |
| 23    | Aparna Benny           | <i>Aparna</i>    |
| 24    | Archana Krishna        | <i>Archana</i>   |
| 25    | Architha. B. R         | <i>Architha</i>  |
| 26    | Arpitha Mariyam Joseph | <i>Arpitha</i>   |
| 27    | Arya Jayan             | <i>Arya</i>      |
| 28    | Arya. R. Nair          | <i>Arya</i>      |
| 29    | Ashwini. B             | <i>Ashwini</i>   |



|    |                    |               |
|----|--------------------|---------------|
| 64 | Nanditha C         | Nanditha      |
| 65 | Naveen Kumar K S   | Naveen        |
| 66 | Neethu K S         | Neethu        |
| 67 | Neha Kouser        |               |
| 68 | Nikhitha K P       | Nikhitha      |
| 69 | Nirmala Chettri    | Nirmala       |
| 70 | Nivya Kumar        | Nivya         |
| 71 | Pavithra G         | Pavithra      |
| 72 | Priyanka R         | Priyanka      |
| 73 | Ranjini Rajan      | Ranjini       |
| 74 | Ranjith L M        | Ranjith       |
| 75 | Riya Nasker        | Riya          |
| 76 | Sameena Taj        |               |
| 77 | Sangeetha K        | Sangeetha     |
| 78 | Saritha Nayak B    | Saritha       |
| 79 | Shalini L          | Shalini       |
| 80 | Sharlet Maria Reji | Sharlet       |
| 81 | Shumatha M C       | Shumatha      |
| 82 | Sini Joseph        | Sini          |
| 83 | Smitha Sebastian   | Smitha        |
| 84 | Sneha Kunjumon     | Sneha         |
| 85 | Sonia Sara Mani    | Sonia         |
| 86 | Sreekutty S Nair   | Sreekutty     |
| 87 | Sreelakshmi K R    | Sreelakshmi   |
| 88 | Sreevidhya V S     | Sreevidhya    |
| 89 | Suhasini           | Suhasini      |
| 90 | Sujitha R Nair     | Sujitha       |
| 91 | Sumi S             | Sumi          |
| 92 | Sweety Varghese    | Sweety        |
| 93 | Tigy T Thomas      | Tigy          |
| 94 | Vaswathi Gope      | Vaswathi      |
| 95 | Vijayalakshmi C N  | Vijayalakshmi |
| 96 | Likhitha -S.V      | Likhitha      |
| 97 | Blessy Hamima      | Blessy        |

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